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PARIVARTAN

DEVELOPMENT DISPATCH



Monthly Round Up

Greetings From Bhavyata Foundation In the following pages, we present you the monthly dispatch of the March 2021. Under the Initiative 'Samadhan', Bhavyata Foundation is working tirelessly to fight against malnutrition for the tribal belts of Palghar. We also conducted online Teacher Training session to share the ideas of Indoor, outdoor games, science experiments etc. On the occasion of Woman's Day, Bhavyata Foundation organized the webinar on woman empowerment.



HIGHLIGHTS

- ✓ Teachers Training Program
- ✓ Visit To Palghar
- ✓ Webinar On Woman's Day
- ✓ Making of Wooden Toys for preschools



We can't help everyone, but we can help someone

Bhavyata Foundation is constantly training teachers with new ideas and teaching aids. In the following month Teachers were motivated to incorporate indoor and outdoor sports that would aid in the physical development of the children. We are generating livelihoods of bamboo artisan of Melghat,

The protocol design for the Samadhan Project was discussed in a meeting with the Zilla Parishads Head. Bhavyata Foundation organied webinar on Wonam's Day, in association with All Cargo Logistic co and Le Mark Institute Of Fashion, where our experts Ms Brinda Kotak and Ms Liza Bhansali will encourage other women to know their strength.

PROJECT UPDATES

India has the world's highest number of malnourished infants. Bhavyata Foundation has six initiatives, one of which is 'Samadhan'. The project aims to complete a three-month pilot intervention that includes a three-times-daily nutrition diet and medical supervision through curriculum, awareness, and intervention. In the following month, we held a presentation with Zilla Parishad to clarify our interventional approach to combat malnutrition. Poshan Positive, specifically formulated food supplements by the expert nutritionist, dietary education, and routine medical examination are the steps for action in these villages to combat malnutrition.





Under the Initiative 'Lessons For Life', we constantly train teachers with innovative ideas on teaching aid and methods. The online session was taken with Balvadi Teachers to explain them the importance of indoor and outdoor games and their benefits in child development. Also, few science experiment ideas were shared to be done with children.

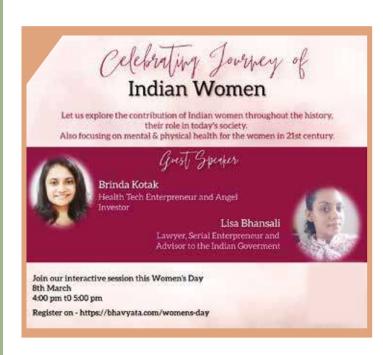
We are constantly working towards the welfare of local artisans. Bhavyata Foundation has a long-standing relation with Sampoorna Bamboo Kendra, Lawada (Melghat) since 2015. Lawada, a tribal village is in interior Maharashtra where our artisan makes beautiful Bamboo products. The best way to support sustainability and natural materials like bamboo is to buy from local communities which support rural artisans. Currently, the artisans are making toys for preschoolers.

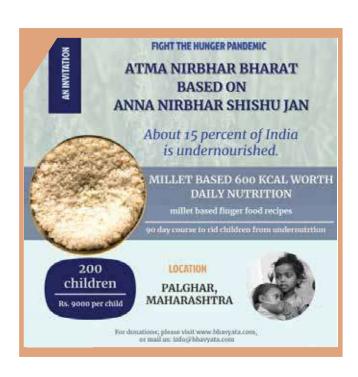


EVENT UPDATES

"Women have been the very pivot of Indian culture of all its inspiration and all its embassies" - Sarojini Naidu. Let us understand the role of Indian women throughout history, their role in society, their contributions and what the position of women is - in modern India. With a focus on mental and physical wellness for women in the 21st century, we will understand where we stand as a fraternity today and take up challenges in the upcoming future with success.

We organised a webinar on Woman's Day, in association with All Cargo Logistic co, where our expert Ms Brinda Kotak and Ms Liza Bhansali will encourage other women to know their strength. Around 100 participants attended this webinar.





ATMA NIRBHAR BHARAT

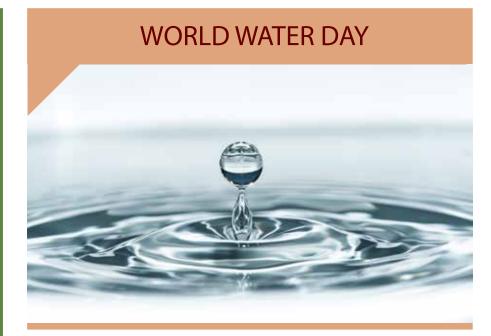
Projects reflected 5 main aspects of the Indian Culture, and most important weapons India could give to the world in its battle with Covid-19:

- 1. Hatha Yoga
- 2. Krida Yoqa
- 3. Organic Farming
- 4. Mother Cow

MISSION COMPASSION

Prime Minister Narendra Modi unveiled the 'Jal Shakti Abhiyan: Catch the Rain' water conservation drive, emphasising that every penny of MGNREGA funds should be invested on rain water conservation before the monsoon arrives.

According to the prime minister, India's self-sufficiency is based on its water supply and communication, and rapid growth is impossible without successful water conservation.



Thousands have lived without love, not one without water.



Prime Minister Narendra Modi lanuches 'Jal Shakti Abhiyan- Catch The Rain'

Every year on March 22nd, World Water Day is commemorated to raise awareness about freshwater's value and advocate for its sustainable management. This is a chance to read more about water-related topics on World Water Day. Water is a necessary component of existence. Water is important for more than just quenching thirst or protecting health; it is also critical for job creation and promoting economic, social, and human growth.

HIGHLIGHT OF THE MONTH

Britishers hanged the three freedom fighters Bhagat Singh, Shivaram Rajguru, and Sukhdev Thapar on March 23. These heroes battled for the well-being of others and gave their lives in the process. Bhagat Singh, Raiguru, and Sukhdev have been sources of motivation for many young Indians. Their sacrifice inspired many citizens to step out and struggle for their independence even under British rule. As a result, India has designated March 23 as Shaheed Diwas in honour of these three revolutionaries. People speak about the inspiring tales of those youthful warriors who battled with courage and bravery every year on this day, and the stories are handed down over the years.

The sword of revolution is sharpened on the whetting stone of ideas



India reclaimed its freedom from the British in 1947, but it was not without difficulty. Many citizens sacrificed their lives to reclaim their rights. India commemorates Shaheed Diwas to honour these heroes Lala Lajpat Rai was assassinated, prompting Bhagat Singh, Rajguru, Sukhdev, Azad, and others to fight for his life. These bold men would go on to do several bold things, including throwing explosives into the Central Legislative Assembly on April 8, 1929. Singh, Rajguru, and Sukhdev were detained and charged with murder while they continued to shout "Inquillab Zindabad." They were hanged in the Lahore Jail on March 23, 1931. Their cremation took place along the shores of the Sutlej River. Shaheedi Mela or Martyrdom Fairs have been held in their birthplace, Hussainwala or the Indo-Pak frontier, until now.

Tips For Sustainable Celebration



Say no to Harmful Holi Colors

You can choose to prepare eco-friendly colours at home, other than buying unreliable material from the market. Homemade raw materials like turmeric, sandalwood and henna can be used to make vibrant skin-friendly colours.

Skin Care

Apply oil to your face and every exposed part of the body. Use lukewarm water to wash the face, followed by a mixture of sea salt, glycerine and a few drops of aroma oil.

Hair Care

Before going out, apply generous amounts of oil to your hair, so that the colour doesn't stick to the scalp. Give your head a massage for the oil to get absorbed.

No Balloons and Pichkari

Plastic balloons filled with water tend to hurt and can cause severe injuries. So AVOID them. Do not use Pichkaris too, as you will again end up wasting water.



Eco Friendly Celebration

Bhavyata Foundation encourages the organic Holi colors for sustainable celebration. We help local artisans generate income by assisting them in selling their organic colours

BENEFICIARIES

AND

TESTIMONIALS



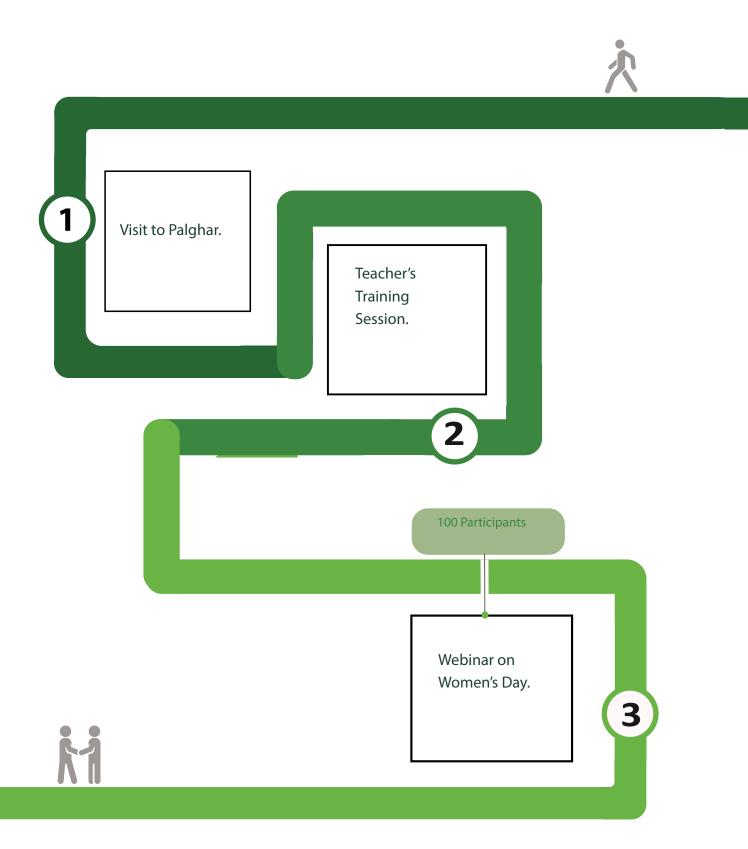
Bhavyata Foundation has helped us sustain livelihood by ordering bamboo toys from Melghat for the preschoolers. This is definetly going to encourage others to use more bamboo products rather than plastic items.

Sunil Despande

The Bhavyata Foundation's teacher training sessions have enabled us to gain awareness on and value of novel teaching aids.

Dipali More

TRANSFORMATIONS





UPCOMING PROJECTS AND EVENTS

Samadhan

Tackling Malnutrition under the initiative Hunger Free Nation. Initial survey of nutritine behavior for the local's be conducted.

Bridge For Artisans

Intervention for design of eco friendly educational aids under the initiative of Bridge for Artisans. Design intervention with local artisans for the production of wooden toys.

Ayurvedic Wellnes

We are dedicated to public health and wellbeing through Ayurveda and Yogic Dincharya seminars and awareness programmes.

Marma Therapy

Webinar on Marma therapy which is an Ayurvedic treatment that aids in the maintenance of the body health by clearing blocked energy.

MEMBERSHIP FEATURES

1.

BENEFITS BY Reciprocal Giftings

Creative Handcrafted goodies include Embroidered Lifestyle Product's. Festival Accessories include Natural Herbal Holi Colors & Bamboo Rakhis, Household Utilities like Kansa Dinnerware, Copperware Utilities and; others are eco-friendly products of daily use.

2.

CONTRIBUTES BY Supporting Our Initiatives

3.

INVOLVES BY Attending Events

Also, added incentives for the member are complimentary registration to Our Select Flagship Sessions on Lifestyle, Educational and National Building Seminars throughout the year. Some of our popular sessions are on Ayurvedic Dinacharya, Parenting Modules, and Preschool Nurturing for Toddlers, Green School Program, and Untold Heroes of India.

A SMALL ACT OF KINDNESS

MEMBERSHI

A GREAT GIFT TO SOCIETY

INDIVIDUAL MEMBERSHIPS (Annual)

Patron Member 5,000

Associate Member 10,000

Affiliate Member 25,000

Family Member (25 members) 35,000



We are seeking support & contributions from individuals, communities & corporations. You can support us by being a Bhavyata member.

GROUP MEMBERSHIPS (ANNUAL)

Privilege Member 50,000

6,00,000

Corporate Silver Member (25 Members)

Corporate Gold Member (50 Members) 11,00,000

Corporate Platinum Member (100 Members) 21,00,000

INDIVIDUAL MEMBERSHIPS Annual



₹5,000



₹10,000



₹25,000



₹35,000

GROUP MEMBERSHIPS Annual



₹50,000



₹6,00,000



₹11,00,000



₹21,00,000

CAMPAIGN PROMOTIONS

Children of Palghar need your URGENT help!

Do you know?

3 out of 4 children die due to malnutrition. Palghare comprises majorly of tribal communities.

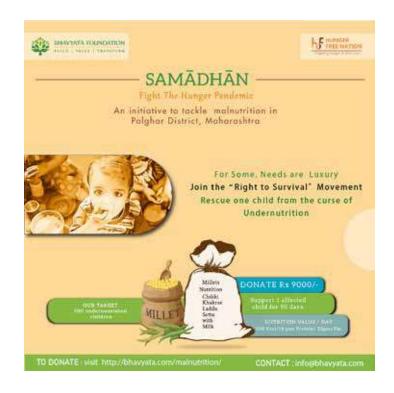
90% of tribal communities are daily wage labourers or, they work as migrants in Thane or Bhiwandi areas. To nd opportunities to earn and put food on the table during the lockdown is an impossible task for the population of children and even adults that are already starving.

'We stay hungry, so our kids can eat', says Ms Jai Taral, a grandmother of a girl from 7th grade. The girl used to get rice, dal and vegetables at her residential school. But now schools are closed, it is getting difficult for a family of eight members.

If we could afford three meals, let's help one child receive Daily 3 Course Nutrition Supplements to save his/her life from the grips of deadly undernutrition. Save our future! Donate Rs. 9,000 per child; we provide help to a group of 200 children who are struggling with malnourishment.

DONATE NOW

T H A N K Y O U



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For more details please check this video https://youtu.be/EtS9aEO8hx4

