

CONTENTS

- 01 Monthly Round Up
- 02 Project Updates
- 03 Event Updates
- 04 Mission Compassion
- 05 Highlight Of The Month
- 06 Tips for Celebration
- 07 Testimonial
- 09 Tranformations
- 10 Upcoming Projects
- 11 Membership Features
- 12 Campaign Pomotions

JULY 2020



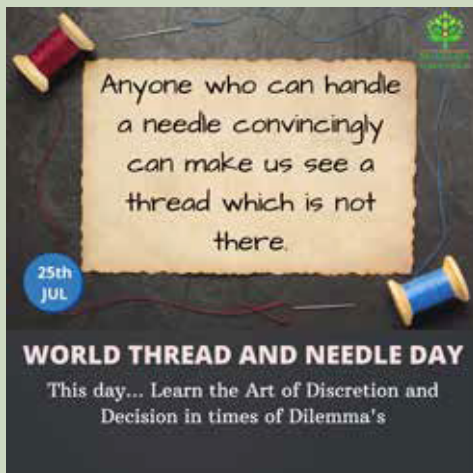
PARIVARTAN

DEVELOPMENT DISPATCH



Monthly Round Up

In the following pages, we present the Monthly Dispatch of July 2020. The pandemic of the COVID-19 coronavirus is the largest global health crisis of our time, and Bhavyata Foundation took the initiative and attend to the first call of distress. We organised various informative online sessions: Karuna Unstoppable to recognise COVID heroes. Be Wise With Chaturgana to talk about chess and our brain. Bharat Gatha to make others aware of untold Indian Heroes. Kargil Diwas to pay homage to Kargil Warriors and more. We also distributed 1050 Kesar Mango Saplings to the people of Nihali Village in Wada.



HIGHLIGHTS

- ✓ Karuna Unstoppable
- ✓ Be Wise With Chaturgana
- ✓ Bharat Gaatha Series
- ✓ Kargil Diwas
- ✓ Thread and Needle
- ✓ Plant A Care Take Care
- ✓ Fodder Management Training



He who plants a tree, plants a HOPE

The Bhavyata Foundation took various initiatives during the lockdown. We organised karuna Unstoppable, a webinar to felicitated and show gratitude to 310 . We also organised an insightful session on the basics of chess and how it is linked with our mind. It was named 'Be Wise With Chaturgana'. We organised the activity for farmers on nutritional fodder management, which will help them yield high nutritional fodder for their bovines.

Our Bharat Gaatha series was divided in 3 sessions via which we learned about various untold Stories of Indian heroes and India's rich and diverse history. We also remembered our Kargil Heroes. The Thread and Needle webinar delved into the intricacies of India's textile culture and looked at age-old traditional and tribal embroidery. Through our initiative Plant A Care Taker, we distributed 1050 Kesar Mango Saplings to the people of Nihali Village to assist them in their livelihood.

PROJECT UPDATES

On July 19 2020, the Bhavyata Foundation distributed 1050 Kesar mango sapling to 29 farmers of the Nihali Village, under our Plat A CareTaker Initiative. The goal is to bring about unity, generate livelihoods, and help to improve the condition of the soil. Mature Kesar mango trees can yield a yearly revenue of 8,000 to 10,000 INR and thus help in better living.

"One of the best gifts we can give future generations are trees".



Bhavyata Foundation has initiated a rural project for creating a sustainable environment for the preservation of the Dangi breeds in the neighbouring villages of Murbad Taluka of Thane district and the rural architecture of water, fodder availability and storage facilities for a perishable commodity like milk. Currently, we organised the activity training for farmers on nutritional fodder management, which will help them yield high nutritional fodder for their bovines.

ATMA NIRBHAR BHARAT

Projects reflected 5 main aspects of the Indian Culture, and most important weapons India could give to the world in its battle with Covid-19 :

1. Hatha Yoga
2. Krida Yoga
3. Organic Farming
4. Mother Cow

AN INVITATION

FIGHT THE HUNGER PANDEMIC

ATMA NIRBHAR BHARAT

BASED ON

ANNA NIRBHAR SHISHU JAN

About 15 percent of India is undernourished.

MILLET BASED 600 KCAL WORTH DAILY NUTRITION

millet based finger food recipes

90 day course to rid children from undernutrition

200 children
Rs. 9000 per child

LOCATION
PALGHAR, MAHARASHTRA

For donations, please visit www.bhavyata.com, or mail us: info@bhavyata.com

EVENT UPDATES

Under the initiative Hunger Free Nation, Bhavyata Foundation organised Karuna Unstoppable on 11th July 2020. The time of pandemic led to the emergence of many unrecognised heroes. Karuna unstoppable aimed at recognising such coronavirus heroes and showing them gratitude for their heroic contribution. It was a webinar that was conducted via GoTo meeting and in particular, 310 on field workers were applauded for their constant efforts and their determination to help those in need.



Playing chess is linked with a vast range of cognitive advancement and growth. Enhanced perspective, firm concentration, dynamic thought process are only a few benefits of chess. Keeping this in light, the Bhavyata foundation organised 'Be Wise With Chaturanga' on 20th July i.e. International Chess Day. It was an online webinar and our host Mr Saurabh Brahmnikar brought forth the rudiments of chess. We also discussed about how chess and brain are interlinked.

India's history is full of intricacies and there remains many untold stories. With the aim of making people aware about such tales, Bhavyata Foundation organised 'Bharat Gaatha', under the initiative India first. The webinar was held in two sessions and was hosted by Mr Chetan Shriasi. Session 1 was themed 'Fightback : Valiant Resistance To Foreign Invaders' and 'A Wave In History: Rise And Fall Of The Great Vijaynagar Empire' was the theme of session 2. It was highly interactive session with over 50 participants on each day.



MISSION COMPASSION

Intending to make others aware of such stories, the Bhavyata Foundation held a webinar session on Thread and Needle day. The theme of the session was Embroidery: The Gateway to Colourful Indian Culture. The underlying aim of the session was to shed light on the Indian Embroidery practices. Ms Chaitrali hosted the evening. The session gave insights into the extensive work of artisans and expressed the beautiful Indian culture in a nutshell.



Thread and Needle Day



The pages of Indian history is stroked with intricate art, profound traditions and exquisite sculptures. There is a global acceptance that Indian culture is one of the oldest and most extensive cultures still alive. For this, one must show gratitude to the Indian artisans and craftsman who got lost somewhere in the pages of history. There are stories of Indian artisans that remains untold and mostly unrecognised. The theme of the session was Embroidery: The Gateway to Colourful Indian Culture. Before East India Company arrived and exploited every inch, India was the global trader of the finest textiles and fabrics. There was no other country that could do delicate embroidery work as Indian craftsman could. We aim to acknowledge the contribution of artists to our culture and express gratitude for the same.

HIGHLIGHT OF THE MONTH

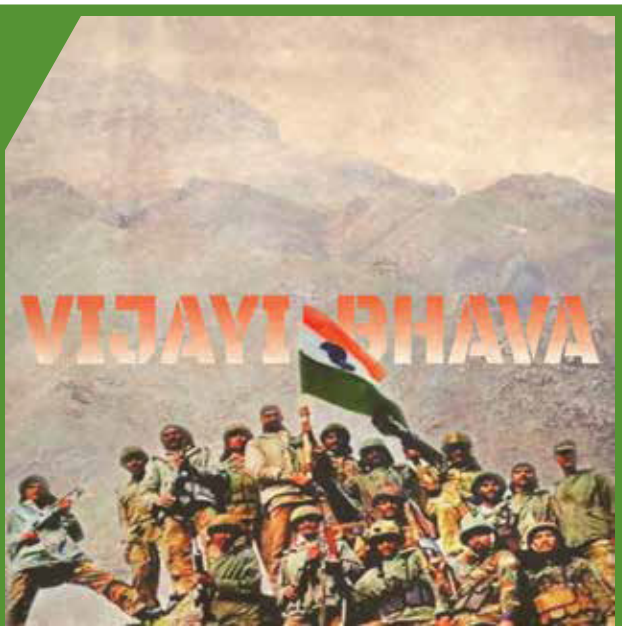
Kargil Vijay Diwas

Kargil Diwas shows the valour and the courage of the Indian army to stand against the wrong and unjustified. The war was observed in the Kargil district of Jammu and Kashmir during May and July of 1999. Kargil was the first war between the two neighbours, but it also remains the most infamous example of high altitude warfare. The victory had a high price tag as it caused around 527 deaths of Indian soldiers and 453 Pakistani soldiers.

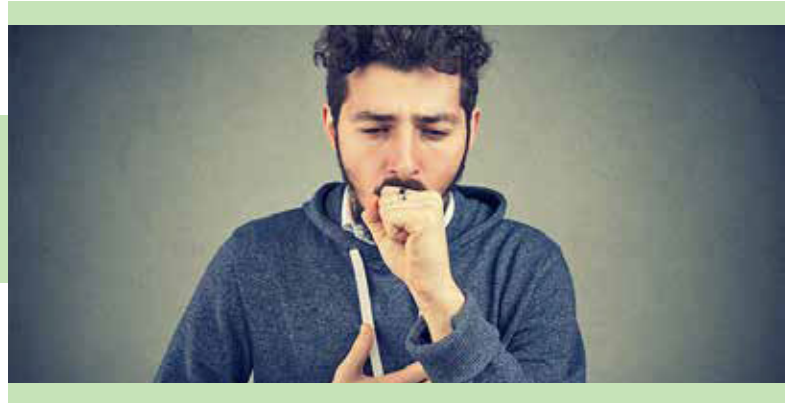
I'm a soldier. I fight where I am told and I win where I fight.



Every year on 26th July country observes Kargil Vijay Diwas or Kargil Diwas in honour of Kargil warriors. The day is celebrated in the capital, where the Prime minister pays homage to all the soldiers involved in the 60 days long Kargil war. On 26th July 1999, the Indian army took control of the high outposts allegedly captured by the Pakistan army. Though Pakistan pointed the blame finger towards Kashmiri rebels, the document left behind by Pakistan's Prime Minister and General of the Army confirmed that Pakistan was directly involved. The Pakistani army betrayed the bilateral pact between the two countries. The pact stated that the high outposts would remain unattended in winters, and that's when Pakistani soldiers made their move. The underlying objective was to cut off all sorts of connections between Ladakh and Kashmir and create tensions on the Indian border. But as the Pakistani soldiers invade, India launched "Operation Kargil", and our brave soldiers showed them the way back.



Tips for Healthy Lifestyle during Monsoon



Monsoon brings with itself the promise of rain, new life and an escape from the heat and humidity of summer. However, it is not just humans who love the rainy season. Plants, animals, bacteria and viruses enjoy it just as much. For you to stay safe and enjoy the rains to the fullest, we prepared a list of simple health tips.

Loading Up On Probiotics And Vegetables

Do not eat raw vegetables as they may contain bacteria and viruses which can lead to severe infections such as stomach pains, food poisoning, and diarrhoea. It is advisable to stick to boiled and steamed vegetables as they are healthy and contain a lot of proteins, fibre and other nutrients.

Say NO To Water Stagnation

One of the worst issues of monsoon is the breeding of mosquitos. These nasty little insects are perfectly capable of making you miserable. Ensure that there is no open water storage in your home take note to ensure that the drains are not clogged and there's no rainwater held stagnant in your nearby areas.

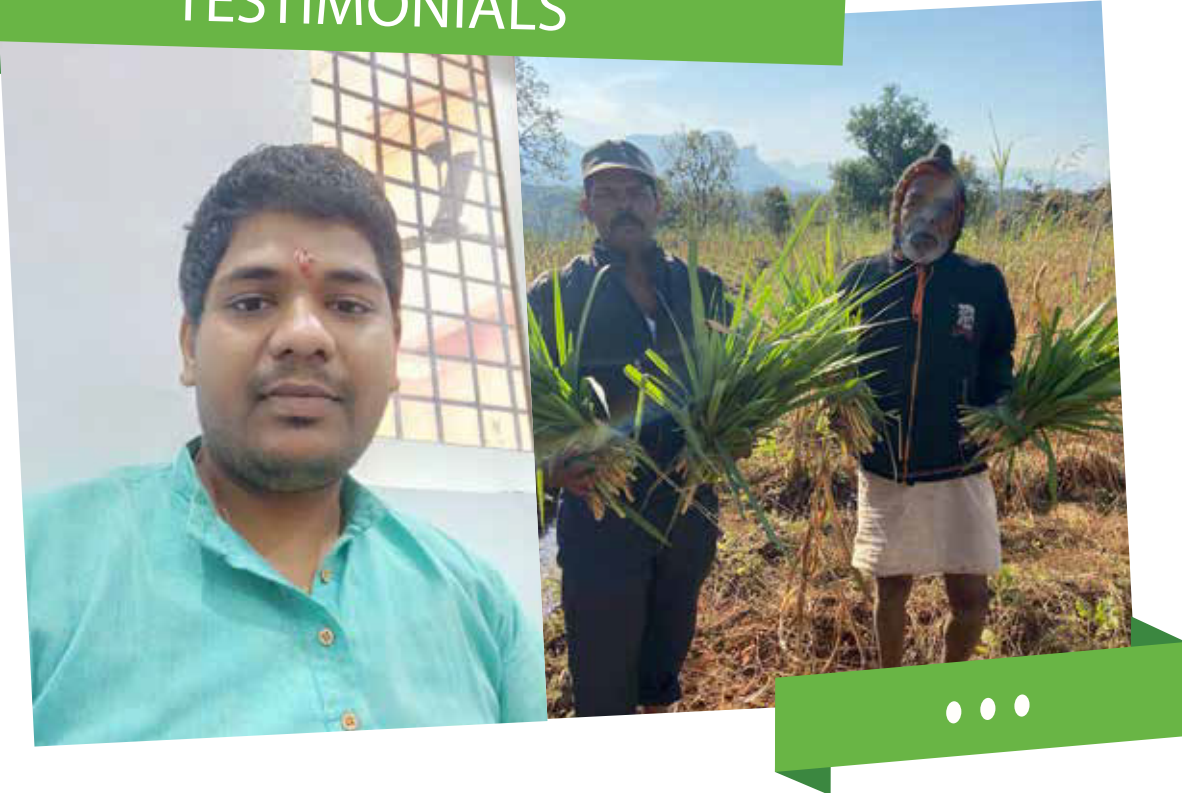
Use Insect Repellents

Try to avoid walking on pavements and roads filled with excess rain water as these are breeding grounds for mosquitoes. Take proper precautions by using insect repellents and disinfectants such as neem leaves and cloves, which tend to reduce the risk of diseases caused by mosquitoes and flies.

Eat In Moderation

Consuming too much food during the rainy season is not recommended as the body takes a lot of time to digest the food due to the high humidity levels present during the monsoon season. Excess consumption of food can lead to bloating, acidity and indigestion.

BENEFICIARIES AND TESTIMONIALS



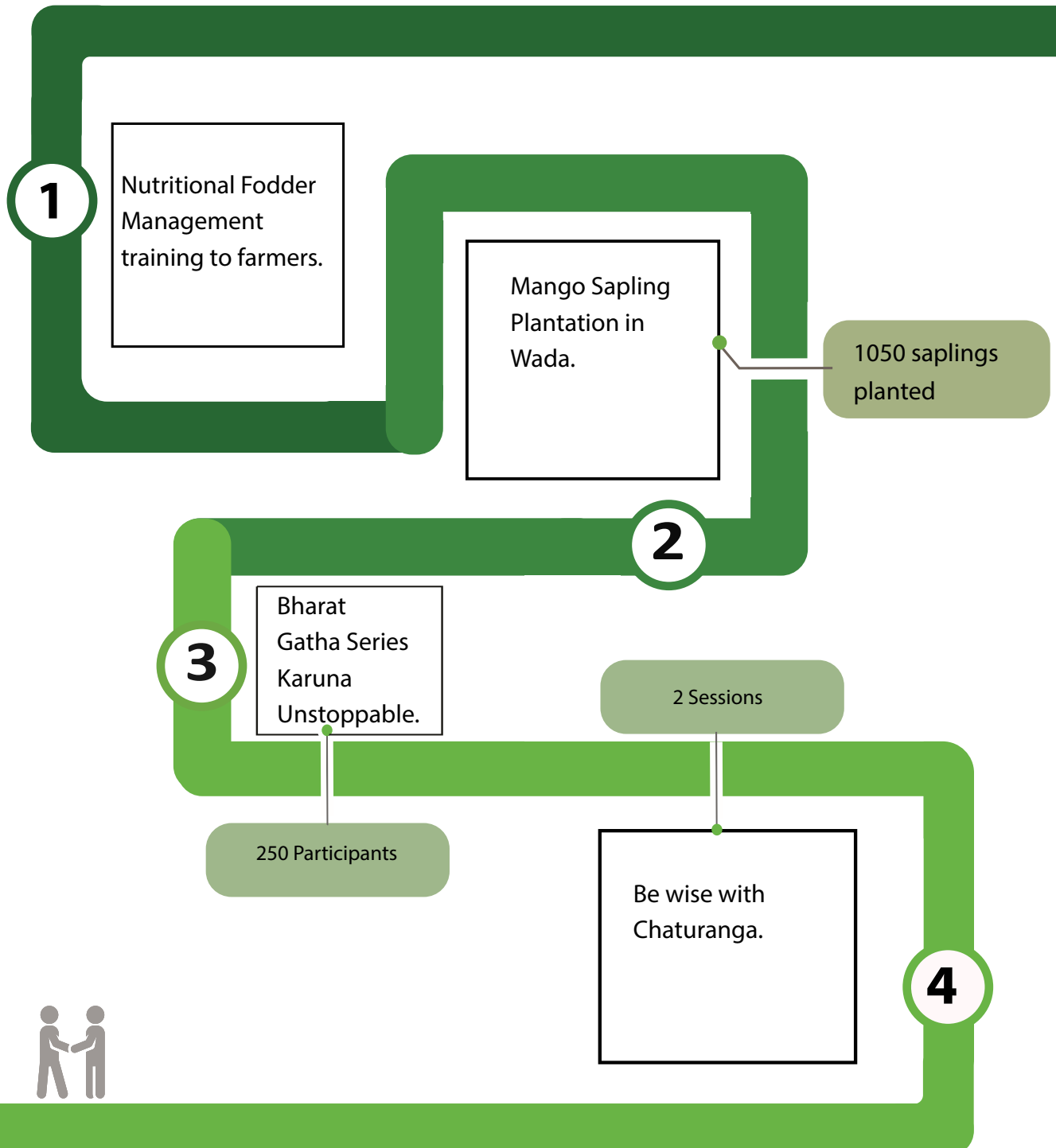
We never knew the detailed stories of our unsung heroes. Thank you Bhavyata Foundation for conducting such sessions.

Parv Agarwal

We are thankful to Bhavyata Foundation that they provided us with Nutritional Green Fodder Training.

Sagar Pokhla

TRANSFORMATIONS





UPCOMING PROJECTS AND EVENTS

The Bharat Gatha series

Vijayi Bhava

The untold stories of the Kargil War and Vijaya Diwas. 'Remembering our real-life heroes' was the theme for the online webinar.

'Marathas: The Great Avengers'

A vision to make other people aware of the untold stories of some of the great and brave Maratha warriors.

SAMVARDHAN

Bhavyata Foundation has initiated a rural project for creating a sustainable environment for the preservation of the Dangi breeds in the neighbouring villages of Murbad Taluka of Thane district. Cultivation of Green fodder for bovines was commenced

National Handloom Day

This webinar was to preserve, promote & celebrate our nation's Handloom Art, Craft & Design.

Operation Red Lotus- The Untold Story of 1857

A vision to make other people aware of the untold stories of the Mutiny of 1857 and provide some detailed insight about 'Operation Red Lotus'.

MEMBERSHIP FEATURES

1.

BENEFITS BY
Reciprocal Giftings

Creative Handcrafted goodies include Embroidered Lifestyle Product's. Festival Accessories include Natural Herbal Holi Colors & Bamboo Rakhis. Household Utilities like Kansa Dinnerware, Copperware Utilities, and other are eco-friendly products of daily use.

2.

CONTRIBUTES BY
Supporting Our Initiatives

3.

INVOLVES BY
Attending Events

Also, added incentives for the member are complimentary registration to Our Select Flagship Sessions on Lifestyle, Educational and National Building Seminars throughout the year. Some of our popular sessions are on Ayurvedic Dinacharya, Parenting Modules, and Preschool Nurturing for Toddlers, Green School Program, and Untold Heroes of India.

A SMALL ACT OF KINDNESS
MEMBERSHIPS
A GREAT GIFT TO SOCIETY

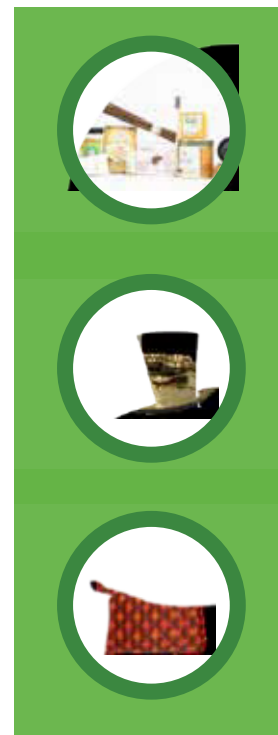
INDIVIDUAL
MEMBERSHIPS (Annual)

Patron Member
5,000

Associate Member
10,000

Affiliate Member
25,000

Family Member
(25 members)
35,000



We are seeking support & contributions from individuals, communities & corporations. You can support us by being a Bhavyata member.

GROUP MEMBERSHIPS (ANNUAL)

Privilege Member
50,000

Corporate Silver Member
(25 Members)
6,00,000

Corporate Gold Member
(50 Members)
11,00,000

Corporate Platinum Member
(100 Members)
21,00,000

INDIVIDUAL MEMBERSHIPS [Annual]



₹5,000

₹10,000

₹25,000

₹35,000

GROUP MEMBERSHIPS [Annual]



₹50,000

₹6,00,000

₹11,00,000

₹21,00,000

CAMPAIGN PROMOTIONS

Samadhan


The program Samadhan, under Hunger Free Nation initiative in partnership with Bhaktivedanta Hospital, aims to conduct a three month program to impart nutritional diet three times a day and medical supervision and nutrition education to sustain the impact in the villages of Vada and Vikramgadhi in Palgarh district. The intervention will be conducted for 1000 children between 3-5 years old in Palghar through 30 Anganwadis.

Samvardhan

Under the initiative 'Sowing the Seeds', through the project Samvardhan, we recognized the scarcity of resources like irrigation, fodder and shelter for bovines and sustain the occupational livelihoods in the neighbouring villages of Adsare, Taked, Indore, Ambewadi, Igatpuri in Nasik district of Maharashtra, India.

DONATE NOW

**THANK
YOU**



**ATMA
NIRBHAR
GRAM**

DONATE FEED

FOR 1 DANGI COW IN
TRIBAL MURBAD & IGATPURI
FOR 1 MONTH

**2000 DANGI COWS NEED
YOUR SUPPORT**

₹2500
@80/day/cow

SAVE INDIA'S INDIGENIOUS DAIRY BREEDS

TO DONATE: VISIT WWW.BHAVYATA.COM/DANGI | TO KNOW MORE ABOUT THE PROJECT: CALL +91 7506882281



Bhavyata Foundation, D-5/35,
Chittaranjan nagar CHS, Raja-
wadi, Vidyavihar (E), Mumbai-77



+91 75-06882281



info@bhavyata.com

For more details please check this video
<https://youtu.be/EtS9aEO8hx4>

NEXT ISSUE

01

Samadhan- Tackling
malnutrition in Palghar

02

Samvardhan- Restoration
of natural resources for Dangi
Breed at Ambewadi, Adsara
and Taked village, Igatpuri,
Nasik.

03

Bridge For Artisans-
Providing livelihoods
by making wooden toys
for preschoolers.