



MONTHLY DISPATCH

NOV- 2024



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IN SUMMARY

In Aug, Bhavyata Foundation supported to feed for livestock in Igatpuri during the extreme summer, fulfilling our commitment to community welfare. Our "Adopt an Anganwadi" projects in Ghatkopar West is completed, creating a learning-enabled environment for underprivileged children. Concurrently, The Foundation continues to impact rural Maharashtra(Palghar District) and urban Mumbai communities in early childhood education, impacting more than 268 children annually through adopted Anganwadis. Furthermore, the foundation provides access to quality education for 1583 underprivileged preschool children in BMC schools in Mumbai.

OUTREACH

5

Balwadi's

6

Anganwadi's

15

Preschools

1583

Students

260

Bovines

720

kgs of Feed

SAMVARDHAN

Breed Preservation

In alignment with the **sustainability principle**, our **goal** is to **guide villages** toward **economic self-sufficiency through agriculture & cottage industry**, providing training in **organic farming, breed preservation** & the principles of good governance. **Bhavyata Foundation** is dedicated to reinforcing breed preservation for the betterment of India's dairy industry.



DANGI BREEDS SURVIVAL

SAMVARDHAN, through its 'Sowing the Seeds' initiative, aids gopalaks in preserving indigenous breeds amid challenges posed by limited grazing pastures and inadequate feed resources.



FEED DISTRIBUTION

Amidst the scorching summer heat and scarce resources, we've stepped in to support cows in need by distributing 0.8 tons of dry nutritional fodder.



GOPALAKS SUPPORTED

10 Gopalaks and 260 bovines benefitted, resulting in increased milk production after consuming nutritional feed. The Gopalaks then process the milk into condensed form sold in the marketplace, providing livelihoods.



Project MAA (MATA AROGYA ABHIYAN)

Pregnant women in **underprivileged** communities face a lack of proper **nutrition**, **healthcare**, and **support**, which can lead to complications during pregnancy and childbirth.



**30th
Nov**



**Kamraj Nagar,
Ghatkopar,
Mumbai**



On **30th November 2024**, Bhavyata Foundation organized a **MAA (Mata Arogya Abhiyan)** session at **Kamraj Nagar**, led by **Mrs. Nilakshi Kamat**, focusing on **maternal health** and **wellness**. The session included a detailed discussion on a **diet plan** for **pregnant women** from the **first** to the **ninth month**, emphasizing the importance of balanced nutrition. Participants were also **guided** through **exercises for the neck, arms, shoulders, and legs to promote flexibility and reduce discomfort**. The session concluded with a **Garbh Samvad meditation**, encouraging **emotional and spiritual** connection with the unborn child. **Nutritional kits** were **distributed** to support healthy pregnancies and overall well-being.

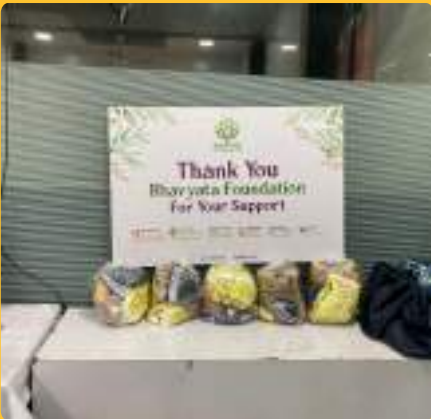


Grocery Kit: Distributed grocery kits containing essential items:

- 1 kg Wheat Flour
- 1 kg Jaggery
- 250gms Moong dal
- 200gms Black raisin
- 200gms Badam
- 200gms Horsegram
- Roasted Chana (250gms)



**19
Expectant
Mothers**



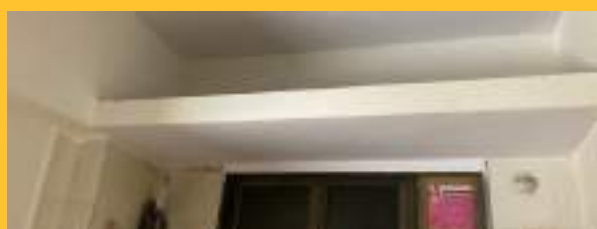
ADOPT ANGANWADI

Empowering Preschool Education

New Anganwadi work is in progress : Shiv Prasad Anganwadi No.98

Address: Shiv prasad Gruh nirman sanstha Maryadit,Laxmi nagar, Ghatkoper East.

The Adopt an Anganwadi project is actively underway, focusing on transforming the classroom environment in a child-friendly manner. Currently, the team is painting the entire classroom using child-safe, non-toxic paints to ensure a vibrant, engaging, and safe learning space for the children. These efforts are part of the initiative's goal to enhance the infrastructure and create a nurturing atmosphere that supports early childhood development.



ADOPT ANGANWADI

Empowering Preschool Education

New Anganwadi work is in progress : Vadavali Karjat Anaganwadi No.29

Address: Vadavali Marde gaon, Karjat.

The Adopt an Anganwadi project is actively underway, focusing on transforming the classroom environment in a child-friendly manner. Currently, the team is painting the entire classroom using child-safe, non-toxic paints to ensure a vibrant, engaging, and safe learning space for the children. These efforts are part of the initiative's goal to enhance the infrastructure and create a nurturing atmosphere that supports early childhood development.



ADOPT ANGANWADI

Empowering Preschool Education

Hand wash Activity and Anganwadi

The Community-Based Events (CBE) program under POSHAN Abhiyaan, led by the **Ministry of Women & Child Development**, is held at **Mauli Kripa Anganwadi No. 130** and other centers on the **8th and 22nd monthly**. It promotes community awareness on nutrition, health, and hygiene to improve maternal and child well-being. As part of this initiative, a **hand washing activity was conducted** to teach proper hygiene practices and prevent illnesses.



LESSONS FOR LIFE

Preschool Education at Balwadi and Mumbai Public schools

Our **Pre-Primary** teachers introduce key concepts by introducing innovative methods like **physical activities**, group discussions, and **Cultural Days**. These approaches enhance gross motor skills and create an engaging, inclusive learning environment for young children.



OUR GOAL

We are committed to **nurturing healthy**, empowered childhoods for the most vulnerable and **underprivileged children**, providing them with the **support, care**, and **opportunities** they need to thrive and succeed



OVERALL DEVELOPMENT

We focus on children's **holistic development** through diverse activities like rhymes, play, group tasks, and interactive games, fostering their **social, cognitive**, and **emotional** growth in a fun, engaging environment.



LESSONS FOR LIFE

Preschool Education at Balwadi and Mumbai Public schools



Maths

Early childhood education in schools emphasizes numeral literacy, laying the foundation for mathematical understanding and proficiency in young learners.



Language

Early childhood education in schools aligns with NEP 2020 by incorporating local languages and fostering cultural preservation and linguistic diversity.



Critical Thinking

Early childhood education focuses on developing critical thinking and cognitive skills, nurturing well-rounded children who can think independently and analytically, laying a strong foundation for their future learning and growth.



Festivals

Preschool Deepawali celebrations include decorating with rangoli and diyas, storytelling, crafts, music, dance, festive snacks, traditional attire, and fire safety discussions, with parent involvement to enhance the festive experience.

LESSONS FOR LIFE

Preschool Education at Balwadi and Mumbai Public schools

November 2024 was a joyful month for our preschool students as they returned to school after the **Deepawali holidays**. Teachers warmly welcomed them with **engaging new activities designed to reignite their excitement for learning**. Among the highlights were the **shape sorter activity, where children explored and matched various shapes**, fostering their fine motor skills and shape recognition. Additionally, students worked on hard and soft worksheets, introducing them to the concept of textures and helping them distinguish between **"hard" and "soft" through interactive and sensory-based learning**. These creative and educational activities made the post-holiday return both fun and enriching for the children.



ANAND NAGAR MPS

Singing rhymes



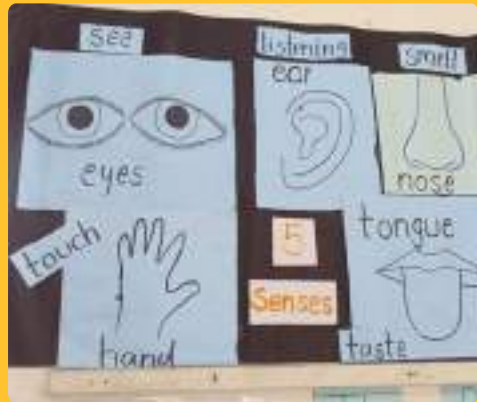
ANDHERI MPS

Group Studies



CHANDIKA MPS

Story card reading



LIMBONI BAG MPS

Art and Craft



SEWREE CROSS ROAD MPS

Activity of Hard and Soft



TILAK NAGAR MPS

Critical thinking



JOGESHWARI MPS

Learning aids using



SHASTRI NAGAR MPS

Singing Poems



SOUTH SEWREE MPS

Reading two letter words

LESSONS FOR LIFE

Preschool Education at Balwadi and Mumbai Public schools

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TRIVENI SANGAM MPS

Childrens Day calebration



JUHU GANDHIGRAM MPS

Writing Numbers



SHANKARWDI MPS

Drawings and coloring



GUNDAVALI MPS

Classroom Activity



SITARAM MILL COMPOUND

Worksheet solving



SAINATH NAGAR BALWADI

Fruits sorter



RAMABAI HINDI BALWADI

Drawings and Paintings



KAWALE MATH BALWADI

Group Activities



SHIVAJI NAGAR BALWADI

Cultural Day in Preschool

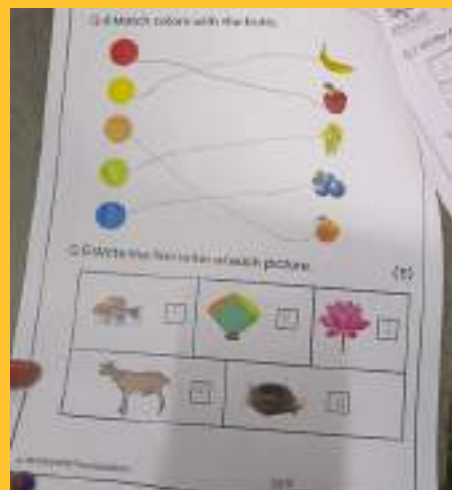
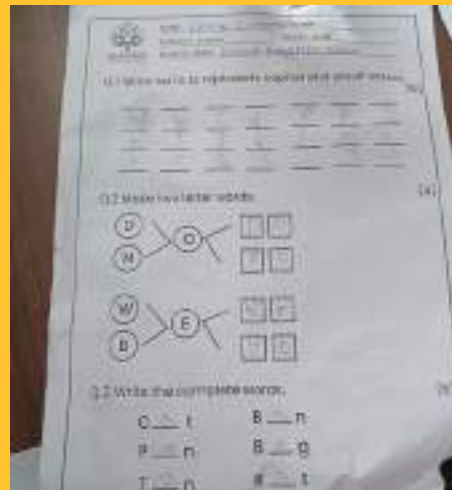
Teachers Meeting

In a recent **meeting on 23rd of November 2024**, we discussed the upcoming **festivals** and planned **celebration activities** to engage students meaningfully. Emphasis was placed on **preparing lesson plans and documenting worksheets** to ensure a structured learning approach. Teachers were encouraged to teach students about **hygiene and the importance of good manners** while addressing bad manners and how to avoid them. The significance of **cleanliness** was highlighted, along with maintaining punctuality for each class. Teachers were reminded to submit photos and videos of activities promptly to enhance records and reporting. The meeting concluded with the **distribution of report cards and speakers to enrich classroom interactions and events**. These efforts aim to create an organized, engaging, and hygienic learning environment.



Exams held in Preschools

Bhavyata Foundation provided **exam papers** to all **20 Mumbai Public Schools**, covering a range of subjects to **assess students' progress**. These papers included sections on **Language**, focusing on reading, writing, and comprehension skills; **Maths**, to evaluate **basic numeracy**, such as **counting**, addition, and subtraction; and **Critical Thinking**, encouraging **problem-solving** and logical reasoning. Additionally, there were sections on **Tracing**, helping assess **fine motor skills and hand-eye coordination**, and **Identification**, which tested students' **ability to recognize shapes, colours, and objects**. These exam papers were designed to assess various developmental milestones in a comprehensive manner, ensuring a holistic understanding of the children's skills and abilities.



PTM held in Preschool

A **Parent-Teacher Meeting** was held in preschool to discuss important aspects of the **children's development and learning**. Teachers provided an **overview of the worksheets and activities completed so far**, explaining how they align with the curriculum and support the **students' growth**. Individual progress reports for each child were shared with parents, **highlighting achievements and areas for improvement**. Emphasis was placed on **sending healthy food in the tiffins**, with suggestions for nutritious meal options to ensure the children stay energetic and focused throughout the day. **The importance of punctuality** and regular **attendance** was also **discussed**, encouraging parents to bring their children on time to avoid missing important **activities and lessons**. The meeting concluded with an open forum for parents to provide **feedback and suggestions**, fostering a collaborative approach to ensure the best outcomes for the students.



SCHOOL OF SUSTENANCE

SHRIVAN WADI PROJECT

All 6 wadi's Progress report

In **November**, the **Shrivan Wadi project** made significant progress as the irrigation process continued smoothly, ensuring **optimal water supply** to the **crops**. The growth of plants is **healthy**, showing **promising results** for the upcoming **harvest**. **Grass cutting** has commenced, marking an important stage in crop maintenance to promote quality and yield. **Fertilizers** are **being provided systematically** to **enhance soil fertility** and boost plant growth. Notably, Mogra buds have begun to appear, adding an **encouraging sign** of **floral development**. The project team remains committed to these ongoing efforts, working toward a successful and sustainable outcome for the cultivated land and families involved.



Hunger Free Nation

Blankets Donation

Under the **Hunger-Free Nation** initiative, **Bhavyata Foundation**, with the support of **Nilkanth Kohale and Family**, distributed **100 blankets** on **5th November** to help **underprivileged individuals** during the **winter season**. This initiative highlights our commitment to addressing essential needs, providing **warmth** and **comfort** alongside food security. By supporting vulnerable populations, we aim to foster a more holistic approach to well-being and create a meaningful impact in their lives.



MEMBERSHIPS

Bhavyata Foundation Membership program is aimed at creating society participation in the upliftment of communities in need. In doing so, they also receive utilities as giftings in return for their kindness.



Patron Member ₹ 5000

Each member receives gifts sourced from Artisans, Women Self Help Groups, Farmers and Beneficiary groups



Associate Member ₹ 10000

Each Associate member receives gifts sourced from Artisans, Women Self Help Groups, Farmers and Beneficiary groups.



Affiliate Member ₹ 25000

Each Affiliate member receives gifts sourced from Artisans, Women Self Help Groups, Farmers and Beneficiary groups.



Family Member ₹ 35000

Each Family member receives gifts sourced from Artisans, Women Self Help Groups, Farmers and Beneficiary groups

SUPPORT PROJECTS & CAMPAIGNS

DONATE FOR PRESCHOOLS



Support us to build
the future of our
preschool students

[Donate Now](#)

SUPPORT US



PLANT A CARETAKER

Ecology becomes empowering
when the preservation of
nature is coupled with
prosperity of communities.
Donate now to save our
environment.

[Donate Now](#)



ADOPT AN ANGANWADI

Support Preschool
Education for
Underprivileged

[Donate Now](#)



MATA AROGYA ABHIYAN

Support expectant
mothers for their
overall well being

[Donate Now](#)

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