

## MONTHLY DISPATCH MAR- 2025



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# **IN SUMMARY**

In March, Bhavyata Foundation supported to feed for livestock in Igatpuri during the winter, fulfilling our commitment to community welfare. Our "Adopt an Anganwadi" projects in Ghatkopar West is completed, creating a learning-enabled environment for underprivileged children. Concurrently, The Foundation continues to impact rural Maharashtra(Palghar District) and urban Mumbai communities in early childhood education, impacting more than 300+ children annually through adopted Anganwadis. Furthermore, the foundation provides access to quality education for 1583 underprivileged preschool children in BMC schools in Mumbai.

**OUTREACH** 

5

**Balwadi's** 

16

**Anganwadi's** 

28

**Preschools** 

1583

**Students** 

260

**Bovines** 

720

kgs of Feed

## SAMVARDHAN Breed Preservation

In alignment with the **sustainability principle**, our **goal** is to **guide village**s toward **economic self-sufficiency through agriculture & cottage industry**, providing training in **organic farming**, **breed preservation** & the principles of good governance. **Bhavyata Foundation** is dedicated to reinforcing breed preservation for the betterment of India's dairy industry.



#### **DANGI BREEDS SURVIVAL**

SAMVARDHAN, through its 'Sowing the Seeds' initiative, aids gopalaks in preserving indigenous breeds amid challenges posed by limited grazing pastures and inadequate feed resources.



#### **FEED DISTRIBUTION**

Amidst the scorching summer heat and scarce resources, we've stepped in to support cows in need by distributing 0.8 tons of dry nutritional fodder.



#### **GOPALAKS SUPPORTED**

10 Gopalaks and 260 bovines benefitted, resulting in increased milk production after consuming nutritional feed. The Gopalaks then process the milk into condensed form sold in the marketplace, providing livelihoods.







# Project MAA (MATA AROGYA ABHIYAN) Care for Pregnant Mothers

**MAA Session on Ayurvedic Antenatal Care** 

Date: March 29, 2025, | Location 1: Kamraj Nagar, Ghatkopar, Mumbai

Location 2: Lakshmi Nagar, Ghatkopar, Mumbai







The **Bhavyata Foundation** successfully **conducted** an enlightening MAA session on March 29, 2025, led by Mrs. Vaishnavi Kohale and trained by Dr. Dakshaben Patel. This online session, hosted from Gadchiroli, focused on the significance of Garbhsanskar, an ancient Indian practice that nurtures the physical, mental, and spiritual well-being of both the mother and the unborn child. The session delved into various aspects of prenatal care, including the impact of positive thoughts, a balanced diet, and a healthy lifestyle on fetal development. Participants were also introduced to meditation and voga techniques, aimed at reducing stress, enhancing emotional stability, and fostering a deeper connection between the mother and the baby. Through this session, the Bhavyata Foundation continued its commitment to promoting holistic maternal health and well-being, empowering expectant mothers with knowledge and practical tools for a smooth and enriching pregnancy journey.

**Grocery Kit** containing essential items:

1 kg Wheat Flour
1 kg Jaggery
500 gms Moong dal
200gms Black raisin
200gms Almonds
500 gms Horsegram
Roasted Horsegram (200 gms)



30 Expectant Mothers







Navjeevan co. Opp. Soc. Anganawadi No. 61, Gopal Bhavan, Ghatkopar west

At Navjeevan Cooperative Society, Gopal Bhavan, Ghatkopar West, Mumbai, our students and teachers joyfully celebrated Holi. The festivities were filled with colors, laughter, and traditional rituals, creating a vibrant and festive atmosphere while fostering togetherness and cultural appreciation.





















## JAY SANTOSHI MATA ANGANWADI NO 136

Anganwadi activities include storytelling, rhymes, language games, critical thinking, motor skill development, cultural celebrations, and themed days like Green Day to support comprehensive & holistic child development.









## SHIVPRASAD ANGANWADI NO 98

Anganwadi centers foster holistic child development through storytelling, rhymes, language games, and critical thinking activities. Motor skills improve with coloring and exercises, while cultural celebrations and themed days like Green Day promote social awareness. These activities create a nurturing environment, enhancing learning, creativity, and overall growth in young children.













### SHREE KRISHNA SRA BUILDING ANGANWADI NO 98

The Shree Krushna SRA Building in Bhatwadi, Ghatkopar West, adopted by General Atlantic, is currently undergoing renovation. The ongoing work includes painting, coloring, and electrical upgrades to enhance the classroom's infrastructure and learning environment.







#### Inauguration in Gaurabai Co op soc Anganwadi no. 160

The inauguration ceremony of Anganwadi No. 160, located in Gaurabai Co-operative Society, Bhatwadi, Ghatkopar West, was held on 27th March 2025. This Anganwadi has been graciously adopted by Shri Harish Ji Mulchandani, the esteemed owner of Digi 1 Electronics. He visited the center along with his wife, Mrs. Rakhi Mulchandani, and their son, Amit Mulchandani.

The event commenced with a warm welcome by our students and teachers, followed by the traditional **Deep Prajwalan** (lamp lighting) and Saraswati Vandana, invoking the blessings of the goddess of wisdom. Miss Samira Shah, Chairperson of Bhavyata Foundation, introduced the distinguished guests to the gathering of parents and educators, highlighting their invaluable contribution to the initiative.

During the event, Amit Ji engaged with the children, distributing snacks and sharing his heartfelt experiences with the Anganwadi students. His words of encouragement and appreciation reflected his family's commitment to the cause of early childhood education and community welfare. The ceremony was a moment of celebration, symbolizing the beginning of a promising journey towards the holistic development of young minds in the Anganwadi.

























### Preschool Education at Balwadi & Mumbai Public Schools

Our **Pre-Primary** teachers introduce key concepts by introducing innovative methods like **physical activities**, group discussions, and **Cultural Days**. These approaches enhance gross motor skills and create an engaging, inclusive learning environment for young children. Students Impacted:



#### **Our Goal**

We are committed to nurturing healthy, empowered childhoods for the most vulnerable and underprivileged children, providing them with the support, care, and opportunities they need to thrive and succeed



#### **OVERALL DEVELOPMENT**

We focus on children's holistic development through diverse activities like rhymes, play, group tasks, and interactive games, fostering their social, cognitive, and emotional growth in a fun, engaging environment.





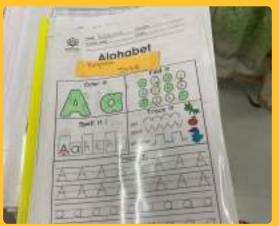


## Preschool Education at Balwadi and Mumbai Public schools



#### **Maths**

Early childhood education in schools emphasizes numeral literacy, laying the foundation for mathematical understanding and proficiency in young learners.



## Language

Early childhood education in schools aligns with NEP 2020 by incorporating local languages and fostering cultural preservation and linguistic diversity.



## **Critical Thinking**

Early childhood education focuses on developing critical thinking and cognitive skills, nurturing well-rounded children who can think independently and analytically, laying a strong foundation for their future learning and growth.



#### **Festivals**

Students at Bhavyata Foundation joyfully celebrated Holi with colors, laughter, and traditional rituals. Engaging activities fostered togetherness while teaching them the cultural significance of the festival, making the celebration both fun and educational.

## Preschool Education at Balwadi and Mumbai Public schools

In March 2025, our preschool students actively participated in creative activities such as clay modeling, crafts, and coloring worksheets provided by Bhavyata Foundation. The festive spirit of Holi was celebrated across all schools, adding joy and vibrancy to the learning environment. With the commencement of the second semester, engaging sessions focused on shapes and color recognition were conducted, making the month both fun and educational for the children.



**ANAND NAGAR MPS** 

learning of weight



LIMBONI BAG MPS

**Group Studies** 



**JOGESHWARI MPS** 

Use of Shape sorter



**ANDHERI MPS** 

**Balancing activity** 



**SEWREE CROSS ROAD MPS** 

Colouring worksheets



**SHASTRI NAGAR MPS** 

Reading time



**CHANDIKA MPS** 

learning of Maths



**TILAK NAGAR MPS** 

Chocolated distribution



**SOUTH SEWREE MPS** 

Colouring worksheets

### Preschool Education at Balwadi and Mumbai Public schools

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TRIVENI SANGAM MPS

Use of Tangram



**JUHU GANDHIGRAM MPS** 

Celebrating Holi



SHANKARWDI MPS

Use of Tangram



**GUNDAVALI MPS** 

Last day of school



SITARAM MILL COMPOUND

Celebrating Holi



SAINATH NAGAR BALWADI

Celebrating Holi



RAMABAI HINDI BALWADI

Classroom Activity



KAWALE MATH BALWADI

Classroom Activity



SHIVAJI NAGAR BALWADI

Exam time

#### Preschool Education at Balwadi and Mumbai Public schools









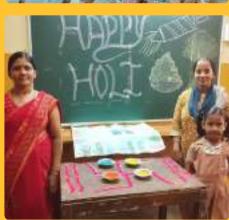
Holi in preschools is a vibrant celebration that introduces young children to the festival's spirit through storytelling, music, dance, and creative activities. It provides a joyful and safe environment where they learn about togetherness, sharing, and cultural traditions. Teachers narrate mythological tales like Prahlad and Holika, helping children understand the festival's significance. Organic color play fosters social bonding, while lively music and dance enhance their cultural awareness. Through these engaging experiences, Holi becomes a memorable and enriching festival, promoting joy, friendship, and creativity among young learners.



















## **SCHOOL OF SUSTENANCE** SHRIVAN WADI PROJECT

#### Progress of 6 Shrivan Wadis at Wada, Palghar, Maharashtra

In March 2025, efforts continued to stabilize plant health and maintain soil moisture, with irrigation schedules further optimized for efficiency. The jasmine plants have begun flowering, marking a positive development, while consistent irrigation is being provided to sustain them through the ongoing summer and water scarcity. The Kesar mango and cashew saplings responded positively to enhanced care, showing further signs of recovery. Training sessions remained ongoing, emphasizing climate-resilient techniques and organic pest management. Despite persistent challenges, irrigation measures are being upheld, and preparations for the upcoming season are progressing as planned, reaffirming the project's commitment to sustainable farming.



Wadi 1 Manik Mhasara



Wadi 2 Jagan Mhasara



Wadi 3 Manoj Kadu



Wadi 4 Kamlakar Phuphane



Wadi 5 Balu Ghatal



Wadi 6 Devram watas

# SCHOOL OF SUSTENANCE VIDYAVAN PROJECT - A MIYAWAKI FOREST

Bhoomi Poojan of Vidyavan Miyawaki Forest at Mumbai University, Kalina

The Bhumi Poojan for Project Vidyavan for making a MIYAWAKI FOREST of 5000 native trees, began with Sri Ganesh Poojan, seeking auspicious beginnings, followed by Sri Varaha Poojan for Earth's upliftment, Sri Varun Dev Poojan for water abundance, and Sri Ganga Poojan for purification. Mother Earth was venerated through Bhoomi Poojan, invoking blessings from the Five Elements (Pancha Mahabhutas) and Ten Directions (Dasha Dikpalas) for prosperity and protection. The ceremony concluded with the Agricultural Implements Ritual, honoring traditional farming tools as symbols of cultivation and growth. These sacred rituals marked the beginning of an initiative dedicated to knowledge, sustainability, and community upliftment.



















# Volunteering by College Students Internship Program

In March 2025, interns contributed across various roles to enhance our initiatives. Mitesh Pujare joined as a paid Graphic Designer, alongside Pranav Vithalani. Additionally, 12 interns from SACEK (Shah & Anchor Kutchhi Engineering College) participated in office work, field visits, and assisted in packing Holi colors, gaining hands-on experience while supporting our ongoing projects.



















#### **MEMBERSHIPS**

Bhavyata Foundation Membership program is aimed at creating society participation in the upliftment of communities in need. In doing so, they also receive utilities as giftings in return for their kindness.



## Patron Member

₹ 5000

Each member receives gifts sourced from Artisans, Women Self Help Groups, Farmers and Beneficiary groups



## **Associate Member**

₹10000

Each Associate member receives gifts sourced from Artisans, Women Self Help Groups, Farmers and Beneficiary groups.



## Affiliate Member

₹ 25000

Each Affiliate member receives gifts sourced from Artisans, Women Self Help Groups, Farmers and Beneficiary groups.



## Family Member

₹ 35000

Each Family member receives gifts sourced from Artisans, Women Self Help Groups, Farmers and Beneficiary groups

### **SUPPORT PROJECTS & CAMPAIGNS**

#### DONATE FOR PRESCHOOLS



Support us to build the future of our preschool students

**Donate Now** 

#### **SUPPORT US**



#### **PLANT A CARETAKER**

Ecology becomes empowering when the preservation of nature is coupled with prosperity of communities. Donate now to save our environment.

**Donate Now** 

D-5/35, Chittaranjan Nagar CHS,

Rajawadi, Vidyavihar (E),

Mumbai- 400077

**Address** 



#### ADOPT AN ANGANWADI

Support Preschool **Education for** Underprivileged

**Donate Now** 

**Contact** 

+91 7506882281

MATA AROGYA ABHIYAN

Support expectant mothers for their overall well being

**Donate Now** 

Website

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